

curriculum vitae

Sanaa ALy Nour

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Personal Information:

Title: Emeritus Professor, Faculty of Nursing-Zagazig University

Position:

- Chairman of Maternal and Newborn Health Nursing- Faculty of Nursing-Zagazig University.
- Nursing Consultant for Health Work Force Development Project.
- Member of the Promotion Committee for Nursing Faculty Members.
- Nursing Coordinator in the German Egyptian Society for Obst. & Gyn.
- Chairman of Obs. & Gyn. Department. Faculty of Nursing- Mansoura University.

Education:

Date attended	Institution & Location	Degree	Major
1959- 1963	Faculty of Nursing Alexandria University	B.Sc.	Nursing
1969- 1972	Faculty of Nursing Alexandria University	M.Sc.	Midwifery & Gyn. Nursing
1972- 1976	High Institute of Public Health Alexandria University	Ph.D.	Public Health "maternal &Child health

Faculty appointments & others:

1963- 1972	Alexandria Nursing College Alexandria University	Demonstrator
1972- 1976	Alexandria Nursing College Alexandria University	Assistant Lecturer
1976- 1980	Alexandria Nursing College Alexandria University	Lecturer
1980- 1984	Kuwait Health Institute Ministry of Education	Chairman of Nursing Department Acting Director
1984- 1985	High Institute of Nursing Zagazig University	Lecturer
1985- 1990	High Institute of Nursing Zagazig University	Assistant Professor
1997- 2000	High Institute of Nursing Zagazig University	Acting Director for Social service Affairs& Environmental development
1990- 2003	High Institute of Nursing Zagazig University	Professor& Chairman of Maternal Health Nursing Dep.

Professional activities:

1963	Egyptian Nursing Organization	Member
1987	Technical Advisory Committee for the High Institute of Nursing Assuit University	Member
1988	Technical Advisory Committee for the High Institute of Nursing Suez Canal University	Member
1988	Technical Committee for Preparation of Educational Module Concerning Obs.& Gyn. Nursing for the Schools of Nursing (MOH- Egypt)	Participant
1989	Network of Community Oriented Education Institute for Health Sciences (Netherlands)	Corresponding Member
1989	Technical Committee for Reviewing Midwifery Courses in Colleges and Schools of Nursing (MOH- Egypt)	Member
1989	Developing Course Syllabus and Instructional Unit Plan “Maternity Nursing” for the HIN Curriculum Menofia University	Hope Consultant

1990	Egyptian Alumni of High Institutes of Nursing Graduates	Co- Chairman
1992	Developing Course Syllabus and Instructional Unit Plan “Maternal and Newborn in Health and Disease” for the HIN Curriculum, Suez-Canal University	Hope Consultant
1992	Technical Committee for Preparation of Educational Module Concerning Midwifery Training for High Institutes of Nursing Graduates – WHO Project	Participant
1995	Obstetric Module for Technical Health Institute- MHO, Alexandria	Chairman
1995	Manual for Midwives, Concerning Emergency in Labor, Cairo	Child Survival-Chairman
1996	Developing Educational Module Concerning Obstetric Nursing for Technical Health Institutes- M.O.F., Egypt	Participant
1998	Developing Manual for Nurses on Midwifery Training – M.O.F., National Project for Developing Nurse’s manpower	Participant

1998	Developing Educational Module Book About Midwifery for THI (Midwifery Training Program) MOH & WHO	WHO Consultant
1998	Review and Analysis of Research and Issues on Traditional Birth Attendants, Egypt	Mother Care Egypt Consultant
2006- Present	Committee for the permanent promotion For Prof. and assistant professor	Participant
2000-Present	External examiner for postgraduates and Comprehensive exam for great number of Nursing Faculties	Participant
2009	External quality evaluator for the syllabus of Under & post Prog. of Obst. &Gyn Nursing At Alexandria University-Faculty of Nursing	Evaluator
2010	External quality evaluator for the syllabus of Under & post Prog. of Obst. &Gyn Nursing At Suez Canal University- Port-Said Faculty Of Nursing	Evaluator

Scientific professional meetings & workshops attended:

1972	Integration of Family Planning within Nursing Curriculum. One-week workshop	WHO Participant
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Alex University-Faculty of Nursing

1976	Integration of the Concept of Family Health Within Nursing Curriculum. One-week Workshop. Alex. Univ. Faculty of Nursing	WHO Participant
1980	Bulletin of the Kuwait Institute for Health Sciences, Ministry of Education	Participant
1981- 1983	Self-study Program for Kuwait Health institute, Two years study organized by Kuwait Ministry of Education and Southern Association of Colleges and Schools (USA)	Chairman
1986	Teaching and Developing Materials in Obstetric and Gynecological Nursing. One- week Workshop HIN, Assuit University	WHO Consultant
1987	Use of primary HealthCare Concept and Educational Theory in Developing Training Materials for Nursing, 10 days workshop HIN, Zagazig University	WHO Consultant
1987	The Midwife responsibility in promoting safe Motherhood. 3 days Workshop, Menofia University	Participant

1987	Development Phases of Curriculum and Policy Implementation for HIN, 2 days Workshop. Menofia University	WHO Consultant
1987	Midwifery and Maternity Nursing, two weeks Workshop. HIN Assuit University	WHO Consultant
1987	Nurses role in Primary Health Care with Special emphasis on Common Health Problems Prevailing in Sharkia Govern orate. One week Workshop, HIN Zagazig University	WHO Consultant
1988	Planning Symposium to help establish a Consortium of High Institutes of Nursing In Egypt	Hope Participant
1989	African Training for Nurses Administration Organized by MOH and Japan International Co- operation	Consultant
1990	Practical Issues in Community Based Education Joint Network TF II/III meeting. One- week Workshop. Faculty of Medicine, Suez-Canal University	WHO Participant
1991	Upgrading the Role of the Egyptian Nurses in Promotion of Breast Feeding, two days Workshop. MOH, Egyptian Society of Breast Milk Friends and Breast Feeding	Invited Round Table

Encouragement Project

1991	Training Program in labor and delivery for HIN Graduates. One month, organized by Ministry of Public Health, Egypt	Chairman
1991	Present Status of Nursing Education Two days Workshop	WHO Participant
1992	The National Conference for the Promotion and Protection of Breast Feeding, two days Workshop. MOH, Egyptian Pediatric Association, Egyptian Gyn.& Obst. Association, Egyptian Society of Breast Milk Friends in Co-operation with UNICEF & WHO	WHO Participant
1992	Program Quality Assurance – Nursing Symposium	Hope participant
1993	Training Program for Male & Female Nurses, working in New University Hospital. Two weeks Workshop, Suez-Canal University	Consultant
1994	Qualitative Vs Quantitative Research. Three days Workshop, Center for Research and Development in Nursing, HIN, Cairo University	Participant
1996	International Conference on Health Environment and Development. HIN, Alexandria University.	Participant

1996	Advances in Maternal and Newborn Health Care, Implications for Future Nursing Role, Faculty of Nursing, Cairo University	Participant
1996	The Fifth International Scientific Nursing Conference on Quality Care Nursing Today and Tomorrow. Faculty of Nursing, Alexandria University	Participant
1998	The First National Conference on Marketing University Services, Cairo University	Participant
1998	Egyptian Safe Motherhood Day in Celebration of the World Health Day, MOF & Population. Health Mother / Health Child Project in co-operation US AID	Participant
1998	The Ninth International Congress on Woman's Health Issues. In collaboration with the International Council on Woman's Health issues. Faculty of Nursing, Alexandria University	Participant
1999	Training course for postgraduate students "Obs. & Gyn." About CTG, Laparoscopy and US. Faculty of Nursing & Faculty of Medicine, Zagazig University	Coordinator
2000	Annual conferences of Nursing Faculties- Egyptian Universities	Participants

2003	SCU-USAID/CAIRO-JHPIEGO Health workforce Development Project	Nursing Consultant
2006	An assessment and care for the newborn in normal And high risk conditions "asphyxia, jaundice and Convulsions conference- Faculty of Nursing - Zagazig University	Director
2006	Global online discussion forum at Jordan (GANM) "The contribution of nurses and midwives to health And the achievement of the millennium development goals"	Participant
2006	"Updates in the management of infertility and the role of The nurse in this aspect' conference conducted by Dr. Mohamed messily, Prof. of obs. & Gyn., Faculty of Medicine, Suez Canal Univ. and the director of Horas Center of IVF	Director
2007	The 9 th international scientific nursing conference- The second scientific Association of Arab Nursing Faculties' conference. "Accreditation and Nursing vision And Challenges".	participant
2007	Promoting quality faculty evaluation of student nurses In clinical environment "Heepf project- Faculty of Nursing-Menufiya University)	participant

2008	First International Scientific day- Faculty of Nursin Mansoura University	Coordinator
2008	Scientific day-Faculty of Nursing –Mansoura University	Coordinator
2008	Nursing and Community Health-Faculty of Nursing Assuit University	Participant
2008	Nursing role in crisis management Faculty of Nursing-Zagazig University	Participant
2009	Egypt Italy Science Year 2009- the In- Augural Cermonay under the auspices of Dr. Hani Helal and Dr. Maria Gelmini . Libria of Alexandria	Attendent
2009	Training course on OSCE, At Assuit University Faculty of Nursing	Coordinator
2009	Training course on OSCE, Zagazig University -Faculty of Nursing	Coordinator
2009	First international conference for students Zagazig University-Faculty of Nursing	participants
2009	Training course on OSCE Sohag University -Faculty of Nursing	Coordinator
2010	Updating skills of scientific research for the faculty members and their assistant	Coordinator

2010	Training course on the field of descriptive and applied statistics for nursing researches	Coordinator
2010	Patient safety: opportunities and challenges Annual conference, Zagazig University Faculty of Nursing	Participant
2010	Reviewer for the scientific nursing magazine For Zagazig and Mansura Faculties of Nursing	Reviewer
2013	3 rd annual scientific conference of faculty of Nursing Beni-Suef University (Nursing now and future)	Attendant
2014	Annual scientific conference of Faculty of Nursing, Zagazig University (Nursing Challenges in Qualification and Profession)	Participant
2015	First national conference: Challenges and new trends in Nursing, Faculty of Nursing Port Said University	Participant
2015	12 th international conference on future horizon for sustainable environmental development and facing challenges in arab countries (2015- sharm el-sheikh)	Attendant
2016	Evidence based practice as an important nursing Care competency (Faculty of Nursing- Zagazig University)	Chairperson

2016	Steps for preparing scientific research proposal And critiques (Faculty of Nursing-Mansoura University)	Chairperson
2016	First national conference for Medical and surgical Nursing Department-faculty of Nursing-Zagazig University	Chairperson
2016	The 8th International Scientific Nursing Conference Faculty of Nursing, Helwan University, Egypt	Participant
2016	EU/TEMPUS Project 543889 “Advanced Training & life Long Learning Program in Applied Health Science”, Faculty of Medicine Helwan University, and International Academy for Applied Science & Technology, IAST Alexandria- Egypt	

Supervised MSC. thesis, PHD dissertation and published paper:

1988	Pattern of Women’s Attendance to the Antenatal Care in Zagazig and Factors Influencing it (MSc. Thesis)	Faculty of Nursing
1988	A study to assess the Knowledge and Attitudes of Maternity Nurses about Climacteric Changes (MSc. Thesis)	Faculty of Nursing Alexandria Univ.
1990	Study of the Incidence of Lactation Amenorrhea, Its Relationship to Infant Feeding and Its Adoption as A Contraceptive Method among Urban and Rural Women (Ph.D. Dissertation)	Faculty of Nursing Alexandria Univ.

1990	Incidence of Breast and Nipple Complications Among Puerperal Women and Factors Influencing It (MSc. Thesis)	Faculty of Nursing Menofia Univ.
1991	Implementing Nursing Program During Labor Using the Electronic Fetal Monitoring (Ph.D. Dissertation)	Faculty of Nursing Ain Shams Univ.
1993	Development of An Educational Program for Physiological, Psychological and social Preparation Of Women Undergoing Hysterectomy in HIN- Ain Shams Maternity and Gynecological Hospital (Ph.D. Dissertation)	Faculty of Nursing Ain Shams Univ.
1994	Factors Influencing the Duration of Labor (Ph.D. Dissertation)	Faculty of Nursing Zagazig University
1995	Factors Affecting the Return of Women Who Had Normal Vaginal Delivery to their usual Functional Abilities (Ph.D. Dissertation)	Faculty of Nursing Tanta University
1995	Prevalence of Pre-menstrual Tension Syndromes Among Student Nurses and Its Relationship with Environmental Factors (MSc. Thesis)	Faculty of Nursing Suez Canal Univ.
1996	The Relationship Between Maternal Nutritional Status During Pregnancy, The Birth Weight and Health Status of The Newborn (Ph.D. Dissertation)	Faculty of Nursing Zagazig University

1996	Factors Influencing Early Termination of Breast Feeding (MSc. Thesis)	Faculty of Nursing Zagazig University
1996	Assessment of Knowledge and Practice of Nurses Working in MCH Canters about their Self protection from Viral Hepatitis (MSc. Thesis)	Faculty of Nursing Suez Canal University
1996	Factors Influencing Immobilization Hazards of Comatose Patients (MSc. Thesis)	Faculty of Nursing Zagazig University
1996	The Use of Kegel's Exercise in The Prevention of Stress Incontinence (MSc. Thesis)	Faculty of Nursing Ain Shams Univ.
1996	Risk Factors for Low Birth Weight in Rural Community. Nursing Strategies for Prevention (MSc. Thesis)	Faculty of Nursing Menofia Univ.
1997	Assessment of Nursing Performance in Caring of Pregnant Women in MCH centers (MSc. Thesis)	Faculty of Nursing Suez Canal Univ.
1997	Maternal and Fetal Complications in Pregnant Diabetic Women (MSc. Thesis)	Faculty of Nursing El Mansoura Univ.
2000	Factors Related to Perineal Trauma at Child Birth in EL Nasr Hospital in Port Said (MSc. Thesis)	Faculty of Nursing Suez Canal Univ.
2000	A Comparative Study between the Effects of Using Methergine and Immediate Breast Feeding on The Control of Vaginal Blood Loss in the Fourth Stage of Labor (MSc. Thesis)	Faculty of Nursing Suez Canal Univ.

2000	The effect of using non-pharmacological measures On The pain relief during labor (Ph.D dissertation)	Faculty of Nursing Zagazig University
2001	A Study of Premenstrual Syndrome Among Assuit Students (MSc. Thesis)	Faculty of Nursing Assuit University
2001	Radiological Appearance of Second Metacarpal Boneand Serum Calcium Levels in Normal Postmenstrual Women in Ismailia (MSc. Thesis)	Faculty of nursing Suez canal Univ.
2001	Assessment of Nurses Performance Concerning The Immediate Care of The Newborn (MSc. Thesis)	Faculty of Nursing Suez Canal Univ.
2001	A Symptomatic Bacteruria Among High Risk Pregnant Women (Ph.D. dissertation)	Faculty of Nursing Zagazig University
2002	Monitoring Labor Using The Partogram and Its Effect on Labor Outcome (Ph.D. Dissertation)	Faculty of Nursing Zagazig University
2002	Evaluation of Some Conservative Methods in The Treatment of Stress Urinary Incontinence (MSc. Thesis)	Faculty of Nursing Zagazig University
2002	Risk Factors of Spontaneous Abortion in Zagazig University Hospital (MSc. Thesis)	Faculty of Nursing Zagazig Univ.
2002	A Study of the Effect of Supportive Group Therapy on Symptomatology and Social Functioning	Faculty of Nursing Zagazig University

	(Ph.D. Dissertation)	
2002	Correlates to Social Competence in Schizophrenic Patients: Proposed Nursing Role (Ph.D. Dissertation)	Faculty of Nursing Zagazig University
2003	Prevalence of Stress Urinary Incontinence during Pregnancy and Following Delivery (MSc. Thesis)	Faculty of Nursing Suez Canal Univ.
2003	Pattern of Nausea and Vomiting During the First Trimester of Pregnancy (MSc. Thesis)	Faculty of Nursing Suez Canal Univ
2003	The Effect of Preoperative Counseling on Patient Before and After Endoscopic Operation (MSc. Thesis)	Faculty of Nursing Assuit Univ.
2003	The Relationship Between Pregnancy Induced Hypertension and the Outcome of Pregnancy (MSc. Thesis)	Faculty of Nursing Suez Canal Univ.
2004	Prediction of Preterm Labor Among Pregnant Women Women at Risk in Zagazig University Hospital (Ph.D. Dissertation)	Faculty of Nursing Zagazig University
2004	Evaluation of the Application of Universal Precautions Program on Esophageal Varicies Patients Negative for Virus Hepatits Undergoing Sclerotherapy (Ph.D. Dissertation)	Faculty of Nursing Zagazig University

2005	The Impact of Premature Rupture of Membranes on Maternal and Neonatal Outcome (MSc.Thesis)	Faculty of Nursing Zagazig University
2005	Problems Encountered Among Women with Gestational Diabetes and Pregnancy Outcome (MSc. Thesis)	Faculty of Nursing Zagazig University
2005	Risk Factors Associated with Canida Albicans vulvovaginitis among pregnant women (MSc. Thesis)	Faculty of Nursing Zagazig University
2006	The effect of using non- pharmacological measures for the relief of law back pain during labor (Ph.D. Dissertation)	Faculty of Nursing Suez Canal Univ.
2006	Screening pregnant women in Zagazig University Hospital for Chlamydial and gonococcal infections Prevalence and nursing implications (Ph.D Dissertation)	Faculty of Nursing Zagazig University
2006	Postoperative complications following cesarean Delivery in Zagazig , prevalence and nursing Implications (Ph.D Dissertation)	Faculty of Nursing Zagazig University
2007	Normal versus high risk postpartum new mothers Randomized clinical trial (Ph.D Dissertation)	Faculty of Nursing Assuit University
2007	Perception and practice of nurse midwives Concerning emergency contraceptive pills	Faculty of Nursing Zagazig University

In Zagazig (MSc. Thesis)

2007	A study of post abortive complications among Aborted women in El-Minia city hospitals (MSc. Thesis)	Faculty of Nursing El-Minia Univ.
2008	A study of Cesarean morbidity at Assuit University hospital (Ph.D Dissertation)	Faculty of Nursing Assuit University
2008	Body mass index and its relation to menstrual Pattern and blood pressure (Ph.D Dissertation)	Faculty of Nursing Assuit University
2008	Self care practices done by women to overcome Encountered menopausal symptoms (MSc. Thesis)	Faculty of Nursing Tanta University
2008	Factors affecting successful vaginal birth after Previous cesarean section (Ph.D Dissertation)	Faculty of Nursing Mansoura Univ.
2009	Effect of compliance of kegel exercises on the Managment of stress incontinence (Ph.D Dissert.)	Faculty of Nursing Assuit Unversity
2009	Buccal versus intravaginal administration for Cervical ripening for induction of labor and Nursing implication (Ph.D Dissertation)	Faculty of Nursing Zagazig University
2009	Active versus expectant management of third stage of labor and nursing implications (Ph.D Dissertation)	Faculty of Nursing Zagazig University

2010	Pregnancy in adolescence and its outcome at Zagazig university hospital	Faculty of Nursing Zagazig University
2010	Perineal management techniques used in the Second stage of labor and reduction of genital Tract trauma at birth (Ph.D Dissertation)	Faculty of Nursing Zagazig University
2010	Restrictive versus routine use of episiotomy in low risk vaginal deliveries (Ph.D Dissertation)	Faculty of Nursing Zagazig University
2010	Misoprostol versus oxytocin for labor induction in pre labor rupture of membranes at zagazig University hospital (MSc.Thesis)	Faculty of Nursing Zagazig University
2010	Primipara with or without oxytocin augmentation at zagazig university hospital and nursing Implications (MSc.Thesis)	Faculty of Nursing Zagazig University
2011	Factors leading to osteoporosis among menopausal women and nursing implications (MSc.Thesis)	
2012	Patterns and causes of domestic violence against pregnant women in portsaid city (MSc.Thesis)	Faculty of Nursing Portsaid University
2012	Assessment of perineal trauma during vaginal Delivery at mansoura general hospital (M.S.C Thesis)	Faculty of Nursing Portsaid University
2012	Assessment of women's response toward Common gynecological symptoms	Faculty of Nursing Portsaid University

	in portsaid city (MSc.Thesis)	
2012	Self care practices utilized by pregnant women in early pregnancy in mansoura city (MSc.Thesis)	Faculty of Nursing Portsaid University
2012	Risk factors and pregnancy outcome of placenta Previa at Zagazig University Hospitals (MSc.Thesis)	Faculty of Nursing Zagazig Univ.
2012	Maternal and neonatal outcome in elective versus emergency cesarean section at Zagazig University hospitals (MSc.Thesis)	Faculty of Nursing Zagazig University
2012	Active versus conservative management of prelabor rupture of membranes at term pregnancies and nursing implications (Ph.D Dissertation)	Faculty of Nursing Zagazig Univ.
2012	Impact of postpartum family planning concerning use of female contraceptive methods in Upper Egypt (Ph.D Dissertation)	Faculty of Nursing Zagazig University
2012	Reasons for discontinuation contraceptive methods in portsaid city (MSc.Thesis)	Faculty of Nursing PortSaid University
2012	Maternal and labor outcome in women with pre- eclampsia in el takhosos hospital city (MSc.Thesis)	Faculty of Nursing PortSaid University

2012	Clinical features and risk factors of abortion at port said city (MSc.Thesis)	Faculty of Nursing PortSaid University
2013	Outcome of labor in nullipara at term with unengaged Vertex (MSc.Thesis)	Faculty of Nursing Zagazig University
2013	Maternal and neonatal outcome in grandmultiparous women at Zagazig University hospitals (MSc.Thesis)	Faculty of Nursing Zagazig University
2013	Effect of directed versus spontaneous pushing During the second stage of labor on birth outcomes Among primiparas (MSc.Thesis)	Faculty of Nursing Zagazig University
2013	Assessment of women concerns regarding early care after first labor (MSc.Thesis)	Faculty of Nursing Portsaid University
2013	Awareness of maternity and gynecological nurse toward complementary and alternative therapies (MSc.Thesis)	Faculty of Nursing Portsaid University
2013	Health related quality of life for cervical cancer women receiving chemotherapy at mansoura university hospital (MSc.Thesis)	Faculty of Nursing Portsaid University
2014	Designing an evidence-based guideline for nurses regarding unintended pregnancy	Faculty of Nursing Portsaid University

(Ph.D Dissertation)

2014 Lactational amenorrhea method of contraception Faculty of Nursing
backed up by emergency contraceptive pills to Portsaid University
prevent unwanted pregnancy and nursing implication

(Ph.D Dissertation)

2014 Outcomes of labor among women undergoing labor Faculty of Nursing
induction and plan of nursing action (MSc.Thesis) Zagazig University

2014 Factors influencing breast symptoms in breast feeding Faculty of Nursing
Women after cesarean section delivery Zagazig University
(MSc.Thesis)

2014 Pattern and causes of domestic violence against Faculty of Nursing
pregnant Women in Port Said city (MSc.Thesis) Zagazig University

2014 Health-related quality of life in women with Faculty of Nursing
polycystic ovarian syndrome (MSc.Thesis) Zagazig University

2014 Ambulatory management of mild preeclampsia Faculty of Nursing
by using two regimens of antihypertensive drugs Zagazig University
and pregnancy outcomes (Ph.D Dissertation)

2014 Utilization of emergency contraceptive pills Faculty of Nursing
to support lactational amenorrhea methods of Zagazig University
contraceptives (Ph.D Dissertation)

2015	Risk factor and pregnancy outcomes of preterm labor (MSc.Thesis)	Faculty of Nursing Zagazig University
2015	Outcome of labor in women undergoing induction of labor (MSc.Thesis)	Faculty of Nursing Port Said University
2015	Pernal trauma Among Low Risk Women and its Associated Risk Factors (MSc.Thesis)	Faculty of Nursing Zagazig University
2016	The effect of peppermint water on prevention Of nipple trauma in lactating primiparous women: Arandomized controlled trial (PHD Thesis)	Faculty of Nursing Zagazig University
2016	Determinants and health-related outcomes of Unintended pregnancy in Zagazig City and Nursing implications (PHD Thesis)	Faculty of Nursing Zagazig University